|  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **Advised by doctor or health worker to reduce fat in the diet** | | | | | | | | | |
|  | **Male** | | | **Female** | | | **Total** | | |
| Age Categories (Years) | n | % advised | 95% CI | n | % advised | 95% CI | n | % advised | 95% CI |
| 18-29 | 199 | 16.1 | 10.4 - 24.2 | 509 | 17.6 | 12.7 - 23.8 | 708 | 17.2 | 13.3 - 22.0 |
| 30-44 | 278 | 29.9 | 22.3 - 38.8 | 565 | 27.5 | 21.3 - 34.7 | 843 | 28.2 | 23.3 - 33.8 |
| 45-59 | 135 | 25.0 | 14.4 - 39.7 | 257 | 30.9 | 19.3 - 45.4 | 392 | 28.8 | 20.1 - 39.3 |
| 45-69 | 126 | 54.4 | 44.1 - 64.3 | 283 | 58.1 | 50.5 - 65.4 | 409 | 56.5 | 50.3 - 62.6 |
| 60-69 | 60 | 7.8 | 3.0 - 18.8 | 163 | 36.6 | 24.1 - 51.2 | 223 | 24.0 | 15.4 - 35.4 |
| **Total** | **798** | **27.2** | **22.9 - 31.9** | **1777** | **27.1** | **23.5 - 31.0** | **2575** | **27.1** | **24.3 - 30.1** |
| Location |  |  |  |  |  |  |  |  |  |
| Rural | 478 | 22.0 | 16.9 - 28.2 | 1134 | 24.4 | 19.9 - 29.6 | 1612 | 23.7 | 20.2 - 27.7 |
| Urban | 320 | 34.8 | 28.3 - 41.9 | 643 | 33.1 | 28.3 - 38.4 | 963 | 33.8 | 29.9 - 37.9 |